



Purebred Sheep Breeders  
Association of  
Nova Scotia



DECEMBER// 2023

## *A Letter From The President*

BY HOLLY HINES

Greetings all,

What a disappointing summer that was. Since spring started off as a drought summer wanted to disguise itself as a monsoon. It was a terrible year for anyone that attempted to make crops this year. Fields getting torn up from tractor work, barley being too wet and unable to harvest, and the barley that did come off is riddled with toxins. The only positive that I noticed this wet year, is that we had lush pastures and animals seemed to do quite well on them.

The Purebred Sheep Breeders of Nova Scotia group had a pretty good year so far. We started out this spring by hosting a Judging clinic on April 29th at the Dal AC in Bible Hill. The clinic was formed to teach individuals how to judge sheep and wool and also taught the participants how to properly body condition score sheep. There were 22 individuals in attendance, which consisted of 4-H members, Dal AC students and producers. The event seemed to have positive feedback and will be considered in the future.

In September we hosted our very first Sheep Show (before the fall sale). There were several different classes, with a number of various producers entered. It was good to see show sheep and people in the ring again. There were a lot of laughs and smiles during the first show and I hope to see more successful shows in the future.

With the impending hurricane that was headed our way this September, it forced us to change the date of the 41st Annual Fall Sale, September 23rd. With this change of date, the number of buyers was still large, and we only lost one of our consignors. I want to say thank you to all of those who were understanding and accepting of the changes that were made. I would also like to thank all of those who helped in any way during the show and sale. It takes many hands to hold a show like this, and all help never goes unnoticed and is very appreciated. In total, there were 82 animals sold at an average price of 482.01. A breakdown is available on our website, <https://www.sheepnovascotia.ns.ca/>

In closing, I want to express the importance of mental health, especially in the agricultural workplace. If you or someone you know needs help, reach out to <https://wetalkwegrow.ca/> or call 1-833-754-3692.

Have a wonderful holiday season and all the best during lambing.

*Holly Hines*

# 1st Atlantic Fall Sheep Show

## *Show Results*

### **Crossbred Ewe Lambs**

1st - Lot 59 (Erica Sullivan)  
2nd - Lot 58 (Janessa Henry)  
3rd - Lot 51 (Dalhousie)

### **North Country Ewe Lambs**

1st - Lot 31 (Erica Sullivan)  
2nd - Lot 30 (Erica Sullivan)  
3rd - Lot 37 (Jamie Fraser)

### **Purebred Ewe Lambs Other**

1st - not in sale (Shamrock  
Show Sheep)  
2nd - Lot 6 (Janessa Henry)  
3rd - Lot 33 (Dalhousie)

### **Yearling Ewes**

1st - Lot 28 (Erica Sullivan)  
2nd - not in sale (Shamrock  
Show Sheep)  
3rd - Lot 27 (Erica Sullivan)

### **Grand Champion Ewe**

Grand - Lot 28 (Erica Sullivan)  
Reserve - Lot 39 (Erica Sullivan)

### **Ram Lamb**

1st - Lot 71 (Janessa Henry)  
2nd - Lot 84 (Shamrock Show  
Sheep)  
3rd - Lot 76 (Dalhousie)

### **Yearling Ram**

1st - Lot 92 (Dalhousie)

### **Grand Champion Ram**

Grand - Lot 71 (Janessa Henry)  
Reserve - Lot 92 (Dalhousie)

### **Novice Showmanship**

1st - Elaina Goucher  
2nd - Rowen McCormick

### **Senior Showmanship**

1st - Brianna Hiltz  
2nd - Janessa Henry  
3rd - Erica Sullivan





*Grand & Reserve  
Ewes*



*Grand & Reserve  
Rams*



## Atlantic Fall Sheep Sale

### *Sale Results*

#### **Average Ewe Price**

\$444.59

#### **Average Ram Price**

\$814.76

#### **Highest Ewe Price**

\$800

#### **Highest Ram Price**

\$1625

***Top selling ram*** was Lot 82  
consigned by Matthew Cuddy  
and sold to Tammy Barkhouse.

#### ***Top selling ewes***

Lot 24 consigned by Doug King  
and sold to Stephen Oulton.

Lot 34 consigned by Iain  
Anderson and sold to Erica  
Sullivan.

A more detailed breakdown of sale results can be found on our website  
<https://www.sheepnovascotia.ns.ca>



*A plaque was presented to Tony Mullen by PSBANS director Cathy Vallis, to recognize his long term support to the Purebred Sheep Industry in Nova Scotia. Thank you so much Tony, from the members and directors of Purebred Sheep Breeders' Association of Nova Scotia.*



## *Purebred Sheep Breeders' of Nova Scotia* Annual General Meeting

**Jan 13, 2024  
10am**

Business meeting with a presentation about  
Maedi Visna and testing options by Dr.  
Andrew Greene from High Tides Veterinary  
Service.

(Virtual option for those interested)

***\*Please note there are openings for directors  
on the board, as well the CSBA  
representative is elected at this meeting, we  
urge breeder's to come out and get involved  
Potluck lunch.***

Location: Cobequid  
District Fire Brigade (3830  
NS-236, Lower Truro, NS  
B6L 1J7)

Any questions contact  
[janessa.henry@dal.ca](mailto:janessa.henry@dal.ca)

## *Obituary for Angus Rouse*

Rouse, Angus - Age 89, of Lower Onslow, died peacefully at home on November 3, 2023. Angus was born and raised in Broughty Ferry, Scotland.

His love of the outdoors was evident as he spent his early years fishing, hunting, scouting and getting up to antics with his brother and group of close friends. It was here that he met the love of his life, Catherine, and they started their family while he worked as a farm hand.

In 1966, pursuing his dream to own his own farm, he and the family immigrated to Canada, first living in St. John's, NL, before settling in Debert, Nova Scotia. Angus divided his time between his full-time position with the Department of Agriculture and running Homebank farm. His job took him around Nova Scotia, where he became well known in the farming community. On his own farm, was it any surprise that Aberdeen Angus was his cattle of choice? He was instrumental in introducing the Clun Forest breed of sheep to North America, importing stock from the UK.

Angus took the opportunity to travel for work and pleasure with trips across North America for sheep conferences, escapes to the Caribbean with Kay, visiting childhood friends as far away as New Zealand and of course, returning to Scotland.

Upon his retirement, Angus turned his attention to new hobbies, which included sailing, expanding his computer skills and genealogy. He bought a boat (Charlie) and taught himself to sail. He spent many hours tracing back both sides of the family tree. Even after giving up the farm, he always had a huge garden and would offer anyone the bounty when they came to visit.

Angus was very proud of his four daughters and always interested in his grandchildren's and great granddaughters' activities and accomplishments.

Angus is survived by his wife of 67 years, Catherine; daughters, Susan (John Kehoe), Pauline (Clair Peers), Wendy (Charles Ozon), Valerie (Dave Leeson); grandchildren, Amanda, Ian and Brian Carter, David and Sarah Kehoe, Catherine and Alistair Ozon; great granddaughters, Allison and Hannah. He is also survived by brother, Alick (Sandy) Rouse and nephews, Simon and Paul Rouse, all of Scotland.

In keeping with Angus's wishes, there will be no visitation or service. Arrangements have been entrusted to Colchester Community Funeral Home, 512 Willow St., Truro. Online condolences may be made by visiting [www.ColchesterCommunity.com](http://www.ColchesterCommunity.com)

*A stalwart supporter & founding member of PSBANS has passed on. His wisdom and knowledge of this industry is greatly missed. Our sincere condolences to the family.*



# *From the Farm Gate*

## *Perfect Gordon Ramsay's Shepherd's Pie Recipe*

*From thefoodxp.com*  
*Submitted by Janessa Henry*

### **For The Filling**

- 1  $\frac{1}{2}$  lbs. Ground Lamb
- 1 tablespoon Worcestershire Sauce
- 3 tablespoons Apple Cider Vinegar
- $\frac{1}{4}$  cup Chicken Stock
- 1 small can Tomato Puree
- 2 tablespoons Olive Oil
- 1 large Carrot (grated)
- 1 large Onion (grated)
- 1 bag Frozen Peas
- 1 sprig Fresh Rosemary
- 1 sprig Fresh Thyme
- 1 clove Garlic (minced)
- $\frac{1}{2}$  teaspoon Salt
- $\frac{1}{4}$  teaspoon Ground Black Pepper (to taste)

### **For The Mash**

- 1  $\frac{1}{2}$  lbs. Golden Potatoes (peeled and sliced)
- $\frac{1}{4}$  cup Heavy Cream
- 3  $\frac{1}{2}$  tablespoons Butter
- 2 Egg Yolks
- $\frac{1}{4}$  cup Parmesan Cheese (grated)
- 1 teaspoon Salt
- 1 teaspoon Black Pepper



*Calories: 703kcal / Carbohydrates: 36g / Protein: 30g / Fat: 43g / Cholesterol: 224mg / Sodium: 208mg /  
Fiber: 4.3g / Sugar: 4g*

# *From the Farm Gate*

## ***Perfect Gordon Ramsay's Shepherd's Pie Recipe***

***Continued ...***

### **Instructions**

1. Heat a pot and add olive oil to it and add chopped garlic in it.
2. Add chopped onion, and carrot to it. Cook it by stirring it with a spatula.
3. Add minced lamb to the pot once the veggies are cooked. Cook the lamb for five minutes with a spatula.
4. Mix green peas and tomato into the pie filling. Cook it until the veggies are soft, and the lamb is pink.
5. Once done, add thyme, rosemary, salt, and pepper to the mixture.
6. Add tomato puree to the cooked mixture and mix it well. Let it cook properly for some time.
7. Now, pour apple cider vinegar and chicken stock into the mixture and mix it well.
8. Add Worcestershire sauce to the filling. Simmer everything for half an hour, and meanwhile, prepare the potatoes.
9. Boil the potatoes with salt in a water pot for about 15 minutes. Then, drain the water and put the potatoes in a bowl.
10. Mash the potatoes using a fork. Add egg yolks to it.
11. Followed by the egg yolks, add half-and-half and butter to the mashed potatoes. Mix it until well combined with a spatula.
12. Sprinkle some salt and add some grated parmesan cheese to the mix. Mix this mixture well, and your mashed potatoes are ready.
13. Now, transfer the prepared minced mixture to a skillet. Spread prepared mashed potatoes on it evenly with a spatula. Make a criss-cross texture with a fork.
14. Place the dish in the oven and cook it at 185°F for about 25 minutes.
15. Take it out of the oven when the cheese has melted and the potatoes are brown and set. Garnish it with chopped parsley and serve.



# *Ask Dr. Greene*

## *Get Ready for Lambing!*

As water buckets start to freeze, and morning and night chores are taking place by moonlight, we start to think about the 2024 lamb crop, which will be here all too soon.

Though it is a hopeful thought, we realize that it may be too optimistic to eliminate night checks and expect every ewe to have a set of strong, healthy twins on their own without complications. It is important to recognize the stages of parturition (labour) and to realize that there are some subtle differences to expect between maiden ewes and our experienced mothers. Knowing when to step in and aid is crucial. The first stage of parturition is the opening of the cervix and passage of initial fetal fluids. This can be a relatively short period but is typically longer in maiden ewes. The second stage is the delivering of lambs. And third, is the passage of the remaining fetal fluids and placenta. Determining when to intervene and assist is not always clear cut. If we can see a limb or head that has had no progression after 30 minutes of the ewe pushing or that the part of the lamb exposed appears dry, this would be an example of when to intervene. Whenever assisting you should always wear clean gloves and use a lubricant. Try to avoid contamination of the vulva/vaginal canal with feces, though if it does occur often it is not a significant issue. The lubricant will reduce the amount of friction while trying to manipulate the lamb and pass it through the cervix and vaginal canal. Most experienced shepherds have their own toolbox of tricks for correcting dystocias (abnormal position of the lamb making birth difficult), however if you can not make progress within 20 minutes you need to change up your tactic and call your veterinarian. Every veterinarian may not have the same number of years of experience delivering lambs, but they do have the training to correct dystocias as well as the tools and medications that help the ewe and lambs. Once the lambs are born, we need to make sure we get adequate colostrum into them. Colostrum is the ewe's first milk, which is richer in fat and other nutrients compared to regular ewe milk. Colostrum also contains essential antibodies called immunoglobulins (IgG) that are crucial to the development of a strong immune system. If the lambs do not consume an adequate quantity of good quality colostrum in a timely manner (ideally within first 2-6 hours) there is a higher probability that the lamb will suffer from failure of passive transfer and have an underdeveloped immune system. These IgGs are absorbed through the gut and by 24 hours the antibodies are no longer able to be absorbed. Though challenging, it is important to closely monitor newborn lambs and note whether they have nursed adequately on their own or if assistance is required to get colostrum into them quickly.

### **Lambing Kit Supplies**

- Chains or nylon ropes - can be applied to legs or head to aid in delivering the lamb. Avoid excessive force as can severely injure lamb as well as the ewe.
  - Lubricants
  - Elbow length gloves - hygienic purposes; to prevent introduction of bacteria into ewe reproductive tract and reduce risk of zoonotic diseases.
  - Valid client patient relationship (VCPR) with your local veterinarian - NOT A PLUG FOR VETERINARIANS! It's important to be able to call on your vet for help, even if just advice over the phone. I would consider it negligent to not have VCPR if you are breeding and raising livestock.
  - Colostrum - powder, frozen or from another ewe a ewe does not have any colostrum or adequate volume.
  - Tube feeder
  - Iodine
  - Calcium borogluconate
  - Propylene glycol
  - Non-steroidal anti-inflammatory - such as Meloxicam. Good for pain relieve due to difficult lambings. Can be used for lambs too.
  - Antibiotics - such a Depocillin. Should be used under direction of your veterinarian but good to have on hand for treating retained placenta and metritis.
  - Selenium/vitamin E
- \*List not exclusive



# *Interested in becoming a member?*

## Membership with PSBANS:

1. A 1 year membership to cost \$20.00 per member.
  2. Members of the Association Participating in the annual Atlantic Sheep Sale will receive a full refund of their registration fees if their animal sells. (Non-members registration fees will not be refunded, regardless if their animal sells.)
  3. Discount rates for participation in events sponsored by PSBANS. Workshop's etc.
  4. Discounts for participation in promotional projects (i.e. a printed Breeders Directory, Fall Sale Catalogue, advertising on PSBANS website or a link to the website).
  5. Voting privilege at the PSBANS AGM for year of enrollment.
  6. Access to the PSBANS Facebook group
- Personal info to be used for administration purposes only or as described above.

## **Membership Application**

Name(s): \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Date: \_\_\_\_\_

Please make cheques payable to PSBANS:

PSBANS, c/o Janessa Henry, Secretary

438 Smithville Rd., Mabou, NS B0E 1X0

or

E-mail: [janessa.henry@dal.ca](mailto:janessa.henry@dal.ca)

or e-transfer to: [Psbans.secretary@hotmail.com](mailto:Psbans.secretary@hotmail.com)

